

## MATCH DAY BEST PRACTICE FOR PARENTS

### Match day tips

- ✓ Do offer praise, encouragement and applause – for both sides.
- ✓ Do stand in the designated area for spectators.
- ✓ Praise for effort and attitude not just talent.
- ✓ Focus on the process not the result.
- ✓ Focus on your child's enjoyment.
- ✗ Don't issue instructions from the touchline.
- ✗ Don't follow your son/daughter up and down the touchline.
- ✗ Avoid pressuring your child about winning or losing.

